



INTERNATIONAL FOUNDATION FOR NUTRITION AND HEALTH

Keeping The Spirit Of The Lee Foundation Alive



Teleconference Phone Numbers 2026-2027

First Thursday Practice Management calls number:

Tel Number: (605) 468-8014

#Participant# Code: 1055763#

If you can't make the live teleseminar, a recording will be available at **605-468-8146**, Access Code **1055763#** for one month, until the next call replaces it.

CCWFN Thursday calls number:

Tel Number: (605) 313-4802

#Participant# Code: 569330#

If you are not able to attend the live session you may listen to the recording on the **Playback** line by dialing **(605) 313-4803** & Enter Access Code: **569330#**, then # again for the Reference number. You have **one week** to access the recording (unless otherwise noted).

~~~~~

## **Schedule of calls through June 2027:**

### **Free Teleconference Series – Starting a Nutritional Practice (OPEN TO ALL)**

#### **Part 1: Clinical Tools needed for your Nutritional Practice**

- What tools do you need to get started?
- Learn which clinical tools Dr. Royal Lee recommended
- Learn what the clinical reading books list includes
- February 5, 2026 – **Recording available until March 5, 2026**
- Again on September 10, 2026 – **Recording available until Oct 1, 2026**
- Again on February 4, 2027 – **Recording available until March 4, 2027**
- Again on September 9, 2027 – **Recording available until October 7, 2027**

#### **Part 2: First Contact and Collecting Data**

- Learn how to collect data in a systematic method

- Learn how to define your nutritional practice
- Learn how to design the first contact with your new client and collect data
- March 5, 2026 – **Recording available until April 2, 2026**
- Again on October 1, 2026 – **Recording available until Nov 5, 2026**
- Again on March 4, 2027 – **Recording available until April 1, 2027**

### **Part 3: Report of Findings Session**

- Setting procedures in place and building management skills
- Qualifying your client
- Creating your Report of Findings checklist
- April 2, 2026 - **Recording available until May 7, 2026**
- Again on November 5, 2026 – **Recording available until Dec 3, 2026**
- Again on April 1, 2027 – **Recording available until May 6, 2027**

### **Part 4: The Re-evaluation and Creating Long-Term Clients**

- Defining your practice, staff and clients
- Why follow-up visits and re-evaluations are important
- Value of handouts and recommended reading for clients
- May 7, 2026 - **Recording available until June 4, 2026**
- Again on December 3, 2026 – **Recording available until Jan 7, 2027**
- Again on May 6, 2027 – **Recording available until June 3, 2027**

### **Part 5: Applying What You Learned – Introducing Nutrition in Your Practice**

- Relationships and compliance go hand-in-hand
- Difference between allopathic nutrition and foundational nutrition
- Clinical nutrition practice tools and the Nutritional Exam
- June 4, 2026 – **Recording available until September 10<sup>th</sup> (summer break July-August)**
- Again on January 7, 2027 – **Recording available until February 4, 2027**
- Again on June 3, 2027 – **Recording available until September 9<sup>th</sup> (summer break July-August)**

---

### **CCWFN Weekly Thursday lectures (active students only)**

#### **Immune/Allergy – CCWFN Students**

- January 22, 2026 – Part 1
- January 29, 2026 – Part 2
- February 12, 2026 – Part 3

#### **Module 2 Review – CCWFN Students**

- February 19, 2026

#### **Digestion – CCWFN Students**

- February 26, 2026 – Part 1

- March 12, 2026 – Part 2
- March 19, 2026 – Part 3

### **Sugar Handling – CCWFN Students**

- March 26, 2026 – Part 1
- April 9, 2026 – Part 2
- April 16, 2026 – Part 3

### **Musculoskeletal – CCWFN Students**

- April 23, 2026 – Part 1
- April 30, 2026 – Part 2
- May 14, 2026 – Part 3

### **Module 1 Review – CCWFN Students**

- **May 21, 2026**

### **Endocrine/Hormone – CCWFN Students**

- May 28, 2026 – Part 1
- June 11, 2026 – Part 2
- June 18, 2026 – Part 3

### **Immune/Allergy – CCWFN Students**

- June 25, 2026 – Part 1
- *Summer break July 1 – Sept 9, 2026*
- September 17, 2026 – Part 2
- September 24, 2026 – Part 3

### **Module 2 Review – CCWFN Students**

- **October 8, 2026**

### **Digestion – CCWFN Students**

- October 15, 2026 – Part 1
- October 22, 2026 – Part 2
- October 29, 2026 – Part 3

### **Sugar Handling – CCWFN Students**

- November 12, 2026 – Part 1
- November 19, 2026 – Part 2
- December 10, 2026 – Part 3

### **Musculoskeletal – CCWFN Students**

- December 17, 2026 – Part 1
- January 14, 2027 – Part 2
- January 21, 2027 – Part 3

### **Module 1 Review – CCWFN Students**

- **January 28, 2027**

### **Endocrine/Hormone – CCWFN Students**

- February 11, 2027 – Part 1
- February 18, 2027 – Part 2
- February 25, 2027 – Part 3

### **Immune/Allergy – CCWFN Students**

- March 11, 2027 – Part 1
- March 18, 2027 – Part 2
- March 25, 2027 – Part 3

### **Module 2 Review – CCWFN Students**

- **April 8, 2027**

### **Digestion – CCWFN Students**

- April 15, 2027 – Part 1
- April 22, 2027 – Part 2
- April 29, 2027 – Part 3

### **Sugar Handling – CCWFN Students**

- May 13, 2027 – Part 1
- May 20, 2027 – Part 2
- May 27, 2027 – Part 3

### **Musculoskeletal – CCWFN Students**

- June 10, 2027 – Part 1
- June 17, 2027 – Part 2
- June 24, 2027 – Part 3
- ***Summer break July 1 – Sept 8, 2027***

### **Module 1 Review – CCWFN Students**

- **September 16, 2027**



### Details for optional CCWFN Fast Track Study Group:

**Purpose:** To get through the certification booklet together and complete your Certified Clinician of **Whole Food** Nutrition (CCWFN) certification. It takes about 18 months.

**Next session:** Every other Monday at 9 am PT/10 am MT/11 am CT/12 pm ET for 90 minutes.

### **Suggested Reading before the Zoom call:**

(TBD - There will be homework before each call)

### **Other Logistics:**

1. Have your CCWFN certification **exam booklets** available during the call.
2. Have the **following manuals and books** available throughout the study group:
  - Therapeutic Food Manual
  - Clinical Reference Guide
  - Foundations of Nutritional Therapy - CCCWFN certification exam booklets
  - The Product Bulletins
  - Mastering Nutrition with the Symptom Survey
  - Vitamin News
  - Health vs Disease

### 3. **Same Zoom link for each call.**

This study group is not required. The investment is \$225/Sept-June calls via Zoom every other Monday. If you are interested in joining, please call the office - 858-488-8932 - to process your payment.

4. This study group is only open to IFNH members. Make sure your IFNH membership is **current and up-to-date**.