Teleconference Phone Numbers 2024-2025

First Thursday Practice Management calls number: Tel Number: (605) 468-8014

#Participant# Code: 1055763#

If you can't make the live teleseminar, a recording will be available at 605-468-8146, Access Code 1055763# for one month, until the next call replaces it.

CCWFN Thursday calls number:

Tel Number: (605) 313-4802

#Participant# Code: 569330#

If you are not able to attend the live session you may listen to the recording on the Playback line by dialing (605) 313-4803 & *Enter Access Code:* 569330#, *then # again for the Reference number.* You have <u>one week</u> to access the recording.

Schedule of calls through March 2025:

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### **Free Teleconference Series – Starting a Nutritional Practice**

### Part 1: Clinical Tools needed for your Nutritional Practice

- What tools do you need to get started?
- Learn what clinical tools Dr. Royal Lee recommends
- Learn what the clinical reading books list include
- February 1, 2024 Recording available until March 7<sup>th</sup>
- Again on September 5, 2024 Recording available until Oct 3<sup>rd</sup>

#### Part 2: First Contact and Collecting Data

- Learn how to collect data in a systematic method
- Learn how to define your nutritional practice

- Learn how to design the first contact with your new client and collect data
- March 7, 2024 Recording available until April 4<sup>th</sup>
- Again on October 3, 2024 Recording available until Nov 7<sup>th</sup>

#### **Part 3: Report of Findings Session**

- Setting procedures in place and building management skills
- Qualifying your client
- Creating your Report of Findings checklist
- April 4. 2024 Recording available until May 2<sup>nd</sup>
- Again on November 7, 2024 Recording available until Dec 5<sup>th</sup>

#### **Part 4: The Reevaluation and Creating Long-Term Clients**

- Defining your practice, staff and clients
- Why follow-up visits and re-evaluations are important
- Value of handouts and recommended reading for clients
- May 2, 2024 Recording available until June 6<sup>th</sup>
- Again on December 5, 2024 Recording available until Jan 9, 2025

#### Part 5: Applying What You Learned – Introducing Nutrition in Your Practice

- Relationships and compliance go hand-in-hand
- Difference between allopathic nutrition and foundational nutrition
- Clinical nutrition practice tools and the Nutritional Exam
- June 6, 2024 Recording available until September 5<sup>th</sup> (summer break July-August)
- Again on January 9, 2025 Recording available until February 6, 2025

#### Musculoskeletal – CCWFN Students

- February 15, 2024 Part 1
- February 22, 2024 Part 2
- February 29, 2024 Part 3

#### Module 1 Review – CCWFN Students

• March 14, 2024

#### **Endocrine/Hormone – CCWFN Students**

- March 21, 2024 Part 1
- March 28, 2024 Part 2
- April 11, 2024 Part 3

#### Immune/Allergy – CCWFN Students

- April 18, 2024 Part 1
- April 25, 2024 Part 2
- May 9, 2024 Part 3

#### **Module 2 Review – CCWFN Students**

• May 16, 2024

#### **Digestion – CCWFN Students**

- May 23, 2024 Part 1
- May 30, 2024 Part 2
- June 13, 2024 Part 3

#### Sugar Handling – CCWFN Students

- June 20, 2024 Part 1
- June 27, 2024 Part 2
- Summer break July 1 Sept 4, 2024
- September 12, 2024 Part 3

#### Musculoskeletal – CCWFN Students

- September 19, 2024 Part 1
- September 26, 2024 Part 2
- October 10, 2024 Part 3

#### Module 1 Review – CCWFN Students

• October 17, 2024

#### **Endocrine/Hormone – CCWFN Students**

- October 24, 2024 Part 1
- October 31, 2024 Part 2
- November 14, 2024 Part 3

#### Immune/Allergy - CCWFN Students

- November 21, 2024 Part 1
- December 12, 2024 Part 2
- December 19, 2024 Part 3

#### Module 2 Review – CCWFN Students

• January 16, 2025

#### **Digestion – CCWFN Students**

- January 23, 2025 Part 1
- January 30, 2025 Part 2
- February 13, 2025 Part 3

#### Sugar Handling – CCWFN Students

- February 20, 2025 Part 1
- February 27, 2025 Part 2
- March 13, 2025 Part 3

Details for optional CCWFN Fast Track Study Group:

**Purpose:** To get through the certification booklet together and complete your Certified Clinician of Whole Food Nutrition (CCWFN) certification. It takes about 18 months.

**Next session:** Every other Monday at 9 am PT/10 am MT/11 am CT/12 pm ET for 90 minutes.

### Suggested Reading before the Zoom call:

(TBD - There will be homework before each call)

#### Other Logistics:

1. Have your CCWFN certification **exam booklets** available during the call.

2. Have the **following manuals and books** available throughout the study group:

- Therapeutic Food Manual
- Clinical Reference Guide
- Foundations of Nutritional Therapy CCCWFN certification exam booklets
- The Product Bulletins
- Mastering Nutrition with the Symptom Survey
- Vitamin News
- Health vs Disease

## 3. Same Zoom link for each call.

This study group is not required. The investment is \$225/10 months of calls via Zoom every other Monday. If you are interested in joining, please call the office - 858-488-8932 - to process your payment.

4. This study group is only open to IFNH members. Make sure your IFNH membership is current and up-to-date.