



# INTERNATIONAL FOUNDATION FOR NUTRITION AND HEALTH



*Keeping The Spirit Of The Lee Foundation Alive*

## **Teleconference Phone Numbers 2025-2026**

### **First Thursday Practice Management calls number:**

**Tel Number: (605) 468-8014**

#Participant# Code: 1055763#

If you can't make the live teleseminar, a recording will be available at **605-468-8146**, Access Code **1055763#** for one month, until the next call replaces it.

### **CCWFN Thursday calls number:**

**Tel Number: (605) 313-4802**

#Participant# Code: 569330#

*If you are not able to attend the live session you may listen to the recording on the **Playback** line by dialing **(605) 313-4803** & Enter Access Code: **569330#**, then # again for the Reference number. You have **one week** to access the recording.*

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## **Schedule of calls through April 2026:**

### **Free Teleconference Series – Starting a Nutritional Practice (OPEN TO ALL)**

#### **Part 1: Clinical Tools needed for your Nutritional Practice**

- What tools do you need to get started?
- Learn what clinical tools Dr. Royal Lee recommends
- Learn what the clinical reading books list include

- February 6, 2025 – **Recording available until March 6<sup>th</sup>**
- Again on September 4, 2025 – **Recording available until Oct 2<sup>nd</sup>**

## **Part 2: First Contact and Collecting Data**

- Learn how to collect data in a systematic method
- Learn how to define your nutritional practice
- Learn how to design the first contact with your new client and collect data
- March 6, 2025 – **Recording available until April 10<sup>th</sup>**
- Again on October 2, 2025 – **Recording available until Nov 6<sup>th</sup>**

## **Part 3: Report of Findings Session**

- Setting procedures in place and building management skills
- Qualifying your client
- Creating your Report of Findings checklist
- April 3, 2025 - **Recording available until May 1<sup>st</sup>**
- Again on November 6, 2025 – **Recording available until Dec 4<sup>th</sup>**

## **Part 4: The Reevaluation and Creating Long-Term Clients**

- Defining your practice, staff and clients
- Why follow-up visits and re-evaluations are important
- Value of handouts and recommended reading for clients
- May 4, 2025 - **Recording available until June 5<sup>th</sup>**
- Again on December 4, 2025 – **Recording available until Jan 8, 2026**

## **Part 5: Applying What You Learned – Introducing Nutrition in Your Practice**

- Relationships and compliance go hand-in-hand
- Difference between allopathic nutrition and foundational nutrition
- Clinical nutrition practice tools and the Nutritional Exam
- June 5, 2025 – **Recording available until September 4<sup>th</sup> (summer break July-August)**
- Again on January 8, 2026 – **Recording available until February 5, 2026**

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### **CCWFN Weekly Thursday lectures (active students only)**

#### **Module 2 Review – CCWFN Students**

- **January 16, 2025**

#### **Digestion – CCWFN Students**

- January 23, 2025 – Part 1
- January 30, 2025 – Part 2
- February 13, 2025 – Part 3

### **Sugar Handling – CCWFN Students**

- February 20, 2025 – Part 1
- February 27, 2025 – Part 2
- March 13, 2025 – Part 3

### **Musculoskeletal – CCWFN Students**

- March 20, 2025 – Part 1
- March 27, 2025 – Part 2
- April 10, 2025 – Part 3

### **Module 1 Review – CCWFN Students**

- April 17, 2025

### **Endocrine/Hormone – CCWFN Students**

- April 24, 2025 – Part 1
- May 8, 2025 – Part 2
- May 15, 2025 – Part 3

### **Immune/Allergy – CCWFN Students**

- May 22, 2025 – Part 1
- May 29, 2025 – Part 2
- June 12, 2025 – Part 3

### **Module 2 Review – CCWFN Students**

- June 19, 2025

### **Digestion – CCWFN Students**

- June 26, 2025 – Part 1
- *Summer break July 3 – Sept 3, 2025*
- September 11, 2025 – Part 2
- September 18, 2025 – Part 3

### **Sugar Handling – CCWFN Students**

- September 25, 2025 – Part 1
- October 9, 2025 – Part 2
- October 16, 2025 – Part 3

### **Musculoskeletal – CCWFN Students**

- October 23, 2025 – Part 1
- October 30, 2025 – Part 2
- November 13, 2025 – Part 3

### **Module 1 Review – CCWFN Students**

- **November 20, 2025**

### **Endocrine/Hormone – CCWFN Students**

- December 11, 2025 – Part 1
- December 18, 2025 – Part 2
- January 15, 2026 – Part 3

### **Immune/Allergy – CCWFN Students**

- January 22, 2026 – Part 1
- January 29, 2026 – Part 2
- February 12, 2026 – Part 3

### **Module 2 Review – CCWFN Students**

- **February 19, 2026**

### **Digestion – CCWFN Students**

- February 26, 2026 – Part 1
- March 12, 2026 – Part 2
- March 19, 2026 – Part 3

### **Sugar Handling – CCWFN Students**

- March 26, 2026 – Part 1
- April 9, 2026 – Part 2
- April 16, 2026 – Part 3



[Details for optional CCWFN Fast Track Study Group:](#)

**Purpose:** To get through the certification booklet together and complete your Certified Clinician of **Whole Food** Nutrition (CCWFN) certification. It takes about 18 months.

**Next session:** Every other Monday at 9 am PT/10 am MT/11 am CT/12 pm ET for 90 minutes.

**Suggested Reading before the Zoom call:**

(TBD - There will be homework before each call)

**Other Logistics:**

1. Have your CCWFN certification **exam booklets** available during the call.
2. Have the **following manuals and books** available throughout the study group:
  - Therapeutic Food Manual
  - Clinical Reference Guide
  - Foundations of Nutritional Therapy - CCCWFN certification exam booklets
  - The Product Bulletins
  - Mastering Nutrition with the Symptom Survey
  - Vitamin News
  - Health vs Disease

3. **Same Zoom link for each call.**

This study group is not required. The investment is \$225/Sept-June calls via Zoom every other Monday. If you are interested in joining, please call the office - 858-488-8932 - to process your payment.

4. This study group is only open to IFNH members. Make sure your IFNH membership is **current and up-to-date.**